

## **AMERICAN FALLS BOYS BASKETBALL SKILLS ACADEMY 4<sup>TH</sup>-6<sup>TH</sup> Grades**

### **DESCRIPTION:**

An academy structure, in contrast to the traditional recreational youth leagues, focuses on developing the core fundamentals of individual athletes preparatory to the player's entrance into truly competitive leagues. The academy will be run under the direction of the AFHS Head Girls Basketball Coach and the AF Parks and Recreation Director, who will then use a network of volunteer parent-coaches to help run the skills clinic. Though the focus of the academy would be skill development, there will still be live scrimmages and other competitive drills to help players (and coaches) practice competing the right way.

### **SCHEDULE:**

Coaching clinic and skill clinics will be held at AF Intermediate School

#### **Coaches Clinic Date:**

- Nov 5<sup>th</sup> : 6pm-7pm @AFHS Gym

#### **Skills Clinic Dates:**

- Nov 10<sup>th</sup>: 6pm-8pm@AFIS
- Nov 12<sup>th</sup>: 6pm-8pm@AFIS
- Nov 17<sup>th</sup>: 3:30pm-5:30pm@AFIS
- Nov 20<sup>th</sup>: 3:30pm-5:30pm@AFIS
- Nov 23<sup>rd</sup>: 3:30pm-5:30pm@AFIS
- Nov 30<sup>th</sup>: 3:30pm-5:30pm@AFIS
- Dec 7<sup>th</sup>: 3:30pm-5:30pm@AFIS
- Dec 11<sup>th</sup>: 3:30pm-5:30pm@AFIS
- Dec 19<sup>th</sup>: 11am-2pm@AFIS

\*The 4-6<sup>th</sup> Basketball Skills Academy will be run by our Varsity Basketball Coaches with help from volunteer parent coaches. Our varsity basketball coaching team consists of Aaron Bland, John Adamson, and John Pratt.